



The Communique
District 45 – Vermont Lions: In Lionism, In Service, In Friendship

September 21
Volume 48 Issue 3

Published by
 District 45 of
 Lions Club International and
 Vermont Lions Charities

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Hello District, 45 Lions!

Where to begin. I am still amazed at what you accomplished at the Summer Cabinet Meeting. We met at the Arlington Lions Park where the Summer Cabinet Meeting was hosted by Arlington Lions. It was an honor to present a plaque to PDG Nick Monte for his 50 years of service.

Also, the Vermont Lions Charities Board and Green Mountain Lions Camp also met. You will read more about the VLC Board meeting in this issue. Also, you will be hearing about the Green Mountain Lions Camp committee being formed and how you can help. We also had some round table discussions for Club Secretaries/Club Treasurers/Media, how to get the word out.

Along with Lion Mark Hanna (Media Committee) and myself, we were interviewed by WCAX TV about the service project taking place at the cabinet meeting. As our international president, Douglas X. Alexander says it best – it is who we are, and we give service from the heart.

I was thrilled at what you, the members did at the Summer Cabinet Meeting, packing of hygiene kits for shelters throughout Vermont – donations were received of backpacks and supplies, and I mean supplies. Kudos and a big THANK YOU to everyone. I'm sure you will read about those donations in this issue. They are stories from the Heart. It was a great day, coming together, the sounds of chatter and laughter.

INDEX:

Page 3 -16 – District
 News

Page 31 - 33:
 International News

Looking forward to a
 great 2021 – 2022 year!

Page 1-2: DG
 Message

Page 17 - 28: Club News
 Page 34 - 36 :Slam
 T1D Whiffleball!!!

Page 40-41: Northeast
 Pin Swap

Page 2: District Calendar
 Page 29 -30 : New England
 News
 Page 37 – 39: 2021 - 2022
 Registration News!!!

Until the October edition!!!

At each cabinet meeting I am planning a service project. At the Fall Cabinet Meeting, we will be collecting items for the UVM Medical Center and CHaD at Dartmouth. In this issue, you will find their wish list. We encourage you to bring these items to the Fall Cabinet Meeting which will be distributed to these medical centers.

Now to move forward for the Fall Cabinet Meeting and LCIF Super Raffle. These events will be held on Saturday, October 30, at the Inn at Essex. You will find the registration form in the following pages. We ask that you please register by the deadline noted for each event. Keep in mind these are separate events. Our speakers for the Cabinet Meeting will be a presentation by FIDELCO and Deb Roney, Audiologist from UVM Medical Center.

Remember I would like to make club visitations, please notify me if your club is meeting and would like me to come. In closing, I hope you enjoy this issue of the Communique. Club secretaries please make sure your members email/contact information is correct at LCI. We want to keep all members informed of what is taking place with District 45 Lions.

Remember to serve from the heart!

DG Carol

District 45 Calendar

2021 <u>Date</u>	District 45 <u>Hosts - Event</u>	2022 <u>Location</u>
September 9-11, 2021	USA / Canada Forum	Des Moines, Iowa
September 10, 2021	NELC Breakfast - USA/Canada Forum	Des Moines, Iowa
September 16-19, 2021	Heartland Lions Club 'Big Wheel' - World's Fair	Tunbridge, Vt
September 17-18, 2021	Middlebury Lions - Addison County Benefit Pull	New Haven, Vt
September 18, 2021	PID Mark Lyon Homecoming	Haddam, Ct
September 18, 2021	Georgia Lions - Georgia Fall Festival	Georgia, Vt
September 19, 2021	8 th annual Springfield Lions Fishing Tournament	Springfield, Vt
September 25-26, 2021	Jericho Underhill Lions Onion Ring Sales	Underhill, Vt
September 25, 2021	10th annual Hungry Lion Bike Tour	Wilmington Vt
September 25, 2021	Brattleboro Area Lions Welcome Center Bake Sale	Guilford, Vt
September 25, 2021	Middlebury Lions - Green Mountain Fall Bash	New Haven, Vt
October 9, 2021	Norwich Lions "Meadow Muffin Contest"	Norwich, Vt
October 16, 2021	SMVLC Meat Pie Fund Raiser - deadline	Alburg, Vt
October 16-17, 2021	NELC Fall Weekend	Nashua, NH
October 30, 2021	Fall Conference / LCIF Super Raffle	Essex, Vt
Nov 2 21 - March 15 22	SMVLC 20 20 Fundraiser Weekly Draws	Swanton, Vt

***Don't see your club activities???**
Email such to the Communique Editor
See it next month!!!*



District News



September 2021

OK, Lions. It's that time again! School is back in session and Vermont Lions are on the move. To begin with, we have been given the green light from VLC to purchase 6 new vision screeners. This will enable us to have the latest in equipment while making it easier to extend availability of cameras throughout the District. My hope is with more cameras available, more clubs will consider picking up the torch of vision screening in their area so more children and families can be served.

Four of the five cameras we have no longer qualify for service contracts due to their age which means if something goes wrong with them, they are unable to be repaired. Fortunately for us, the five continue to serve us adequately for now. With the additional new cameras we will be able to continue providing this much needed service without interruption or worry.

I will be contacting clubs soon to evaluate their need for use of a vision screener. For the time being, we will be following the present schedule that appeared in the July Communicue until I can determine the best way to distribute all of the screeners. If any new club would like more information on the process, please don't hesitate to contact me at tallships53@gmail.com. I hope many more clubs will step up and become Visioneers.

I want to remind clubs that do screenings, VLC will reimburse your club for ink, printers and printer cases. (My annual reminder: Keep those printers lying flat while not in use for optimal operation). Please contact Lion Woody Stoddard for the reimbursement procedure. Furthermore I wish to remind clubs it is important to report your screenings monthly to include number of students screened, number of referrals and the names of each school screened. Information of the number of hours served and the number of Lions participating should also be forwarded to your Club secretary so it can be sent to International. Thank you again for what I'm sure will be another great Lions year.

Respectfully, Lion Deb Savery, Vermont District 45 Vision Screening Coordinator



Come and join IPDG Pam Nichols (or guests) for weekly chats
on Facebook

Mondays, 7:30 p.m. Vermont District 45 Lions



Green Mountain Lions Camp Summer 2021

On behalf of my fellow Green Mountain Lions Camp Tri-Chairs (PCT Brenda and Lion Gia), I would like to offer a special thanks to the district for their support off GMLC. Between all of the volunteer hours, the financial and emotional support the camp was a GREAT SUCCESS!!!! The 15 campers between the teen and youth groups had a wonderful time.

We are now looking forward to 2022. We need your support. We are looking for 2 representatives from each zone to be on the GMLC committee. Plans are, hopefully, we will returning to Covenant Hills Camp site in Cabot. Anticipated dates will be from July 10th to the 30th 2022 with orientation from July 6th to the 9th. This is subject to confirmation with Covenant Hills but also with the GMLC committee and OUR KIDS!!!!

Here are some pictures from this year's camp. Enjoy!!!

Lion Patricia Johnston-McWilliams



Welcome!

This Photo by Ushakovs. Author is licensed under CC BY-NC

District 45 would like to welcome (as of August 29th) the following Lions to our district and association:

NorShaft Lions Club: Linda Bow

Strafford and Area Lions Club: Rosalind Finn, Ellen Gibson and Mary Mulloy

MEETING NOTICE!!!!

Official warning of Vermont Lions Charities Annual meeting, Saturday, October 30, 2021.



The annual meeting of Vermont Lions Charities will be held during the Fall Conference on Saturday, October 30, 2021. A full report will be provided at that time.

There will also be an election for the position of secretary for a 3 year term.

Thank you!!!

**Lion Stanley Patch, Jr., PDG
President, Vermont Lions Charities**

To all club peace poster chairs, please be aware that judging for the District 45 peace poster contest is to be held at the Fall Conference on October 30, 2021. Please plan accordingly. If there are any questions, please contact the District 45 Peace Poster chair or District Governor Carol ***



Vermont Lions Charities
August 21, 2021 Cabinet meeting report
Arlington Lions Park - Arlington

First and foremost, it certainly great to be here at the Lions Park. In early years of my Lions leadership, I have had many visitations with the Arlington Club and will always remember the good times...chicken bbq's with Lion Cyril Hoyt, the many golf outings with Lion Tom Hayes and the wonderful times with PDG Nick & Judy Monte and family and wow, club of the year for D-45. Congratulations.

At our last meeting I spoke to you about southern Vermont families dealing with pediatric cancer and the attempts being made to find these children. I do have some good news to report about CHAD; the Children's Hospital at Dartmouth-Hitchcock. I am now working with a new social worker by the name of Maddie Ritter and since our partnership has been renewed, she has provided us with three new families living in Chelsea, Granville & Danville; not really southern Vermont but much closer. Clearly, with stipends to 23 Vermont families, our (5) partnerships are working. We need your continued support!!!!

On the business side of things, things are beginning to pick up in the area of requests. Our income projections for the year will fall short due to COVID 19 and a lack of fundraising. On the flip side, our expenses will exceed expectations due to such donations made to the Vermont Food Bank, Campaign 100 and other incurred expenses in the area of hearing aids and eyeglasses.

My final remarks will center around the position of Secretary for VLC...a position filled for the last 6 plus years by Lion

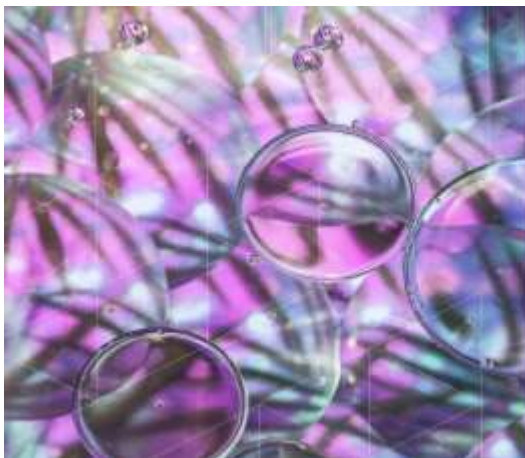
Carmelita Belisle and what a wonderful performance. Lion Carmelita will certainly be missed. We need to fill this position at our annual meeting scheduled for Saturday, October 30, 2021 and the individual selected must satisfy the requirements to seek the position of Vice District Governor(must have served their club as President and served our District as a committee chair). The position requirements are not difficult...4 - 5 cabinet meetings, handling of communications and taking minutes. If anyone is interested, please let me know. I am very happy to inform all that Lion Debra Savery has accepted the position and will need to be elected at the annual meeting.

I am happy to report the following that was decided on at our VLC Board meeting.

1. The Board approved the purchase of 6 new cameras for our vision screening efforts as our current cameras are beginning to feel their age etc. The cost of these cameras are in the neighborhood of \$7500 - \$8000 and the funds will come from our Shared Vision account.
2. Lion Phylis Porio presented to the Board the "Arlinton restoration pool project; estimated cost, \$50,000. The plans call for the Arlington Lions to move forward on their capital improvement campaign to raise \$25,000 and VLC would match the raised funds.
3. The Board also contributed \$1000 to the LCIF for the Haiti disaster.

Sincerely,

Lion Stanley Patch, Jr., PDG
President, Vermont Lions Charities



In the depths of Winter,
I finally learned that within
me there lay an
invincible summer.

~
Albert Camus

Eyeglasses Recycling Boxes Locations

The next 3 pages are a list of locations that appear on the District 45 website
 Please review and send any updates: addition, deletions, corrections
 To PDG Ken Emery at kpemery1960@gmail.com

Alphabetical by town, business

Street address	Town	Business Name	Responsible club
261 Old Mill Rd	Arlington	Village Peddler	Arlington
3575 Vt Route 7A	Arlington	Arlington Post Office	Arlington
3816 Vermont 7A	Arlington	Berkshire Bank	Arlington
16 East Street	Barre	David G. Ripley, OD	Barre
101 Silver St	Bennington	Bennington Free Library	Bennington
168 North St	Bennington	Dr. Alexander A. Tenentes	Bennington
210 Northside Dr	Bennington	Merchants Bank	Norshaft
210 Northside Dr	Bennington	Walmart	Norshaft
215 North St	Bennington	Good Will	Norshaft
322 Dewey St	Bennington	Advanced Eyecare	Bennington
463 Main St	Bennington	Moulton's Spectacle Shoppe	Bennington
550 Main St	Bennington	Loneragan & Thomas Insurance	Bennington
4454 Water Tower Rd	Berkshire	Berkshire Town Hall	Richford
282 Berlin Mall Road, Unit 4	Berlin	Berlin Optical Expressions	Barre
58 East View Lane	Berlin	UVM Med Ctr Ophthalmology - Berlin	Barre
63 VT-4A	Bomoseen	Bomoseen Post Office	Castleton
32 Conant Square	Brandon	Post Office	Brandon
158 Western Ave	Brattleboro	Holton Home	Brattleboro Area
187 Oak Grove Ave	Brattleboro	Pine Heights at Brattleboro Ctr Nursing	Brattleboro Area
328 Western Ave # 3	Brattleboro	Brattleboro Family Eye Care	Brattleboro Area
399 Canal St	Brattleboro	Duff Peter J OD	Brattleboro Area
71 GSP Drive (Exit 1 Industrial Pk)	Brattleboro	Brattleboro Community Based OPC	Brattleboro Area
80 Maple St	Brattleboro	Thompson House Rehab & Nursing Ctr	Brattleboro Area
820 Putney Rd	Brattleboro	River Valley Bank	Brattleboro Area
1 South Prospect - lobby	Burlington	UVM Medical Center (Desgobriand)	Colchester
107 Church St	Burlington	Optical Center	Colchester
11 North Willard St	Burlington	Associates in Eye Care	Colchester
111 Colchester Ave - 5th floor	Burlington	UVM Medical Center (Fletcher Allen)	Colchester
1127 North Ave # 34	Burlington	Ethan Allen Optical	Colchester
128 Lakeside Ave	Burlington	Veterans Administration	Colchester
168 Battery St	Burlington	Eyes of the World	Colchester
230 College St	Burlington	Eye Care of VT	Colchester
235 College St - Lobby	Burlington	Fletcher Free Library	Colchester
261 Shelburne Rd	Burlington	Ready Funeral Home	Colchester
2989 Shelburne Rd	Burlington	Shelburne Eye Works	Colchester
30 Main St	Burlington	Advanced Vision Care	Colchester
370 Shelburne Rd	Burlington	Chroma Optics	Colchester
462 Shelburne Rd, Suite 201	Burlington	University of VT Medical Center	Colchester
155 S Main St	Cambridge	Kenny Drug	Jericho Underhill
576 Main St	Castleton	Castleton Post Office	Castleton
1063 Prim Rd	Colchester	St Andrews Episcopal Church	Colchester
218 Lower Mountain View Dr	Colchester	Costco Vision Center	Colchester
311 Heineberg Dr	Colchester	Dr Wool	Colchester
781 Blakely Rd	Colchester	Colchester Town Offices	Colchester
883 Blakely Rd	Colchester	UVM Medical Center Family Medicine	Colchester
898 Main Street	Colchester	Burnham Free Library	Colchester



115 Seymour Drive
112 Mad Tom Rd
239 Main Street
241 Main St
2445 Sampsonville Road
Main St Market Pl
1 Browns River Rd
2 Lincoln Street at the Five Corners
24 Maple St.
4 Morse Dr.
6 Lincoln St
66 Pearl St
75 Pearl St.
77 Pearl St. (Essex Shopping Ctr)
82 Pearl St
87 Main St.
1 Marble St
5167 Main St
4416 Ethan Allen Hwy
10421 NY-40
17 Madison St
41 Main St
8646 NY-22
2939 VT ROUTE 100
2948 VT-100
30 VT-15
397 VT-15
67 VT-15
8 River Rd
7 Jericho Center Cir
138 Cemetery Avenue / Route 7A
5222 Main St
6039 Main St
1330 Exchange St #101
8 Washington St
886 US-7
91 Main St
11 Haydenberry
3 Centre Dr
39 Bombardier Rd.
927 Ethan Allen Hwy
15 East State St
7 Court St #3
81 River St # 203
124 East Main St., Suite 1
1873 Vermont Rte 67 E
2 Main Street
52 Main St

Derby
Dorset
Enosburg Falls
Enosburg Falls
Enosburg Falls
Enosburg Falls
Essex Junction
Essex Junction
Essex Junction
Essex Junction
Essex Junction
Essex Junction
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Essex Junction
Essex Junction
Essex Junction
Fair Haven
Franklin
Georgia
Granville, NY
Granville, NY
Granville, NY
Granville, NY
Jacksonville
Jacksonville
Jericho
Jericho
Jericho
Jericho
Jericho Center
Manchester Center
Manchester Center
Manchester Center
Middlebury
Middlebury
Middlebury
Middlebury
Milton
Milton
Milton
Milton
Montpelier
Montpelier
Montpelier
Newport
North Bennington
North Bennington
North Bennington

Walmart
Dorset Town Clerk
Town Office
Enosburg Public Library
The Dairy Center
The Laundry
Essex Free Library
Essex Jct Senior Center
Apple Valley Vision Center
The Edge Sports & Fitness
Brownell Library
Grand Buffet
Rite Aid
Eye Care of Vermont
Kinney Drug Store
Irish Eyes
Fair Haven Post Office
Franklin Town Hall
Georgia Elementary Middle School
Orchard Nursing & Rehab Center
Indian River Rehabilitation
Granville Post Office
Glens Falls National Bank
Jacksonville post office
Whitingham Town Hall
Jericho Cafe & Tavern
Kintner Chiropractic
Jericho Town Clerk's Office
Deborah Rawson Memorial Library
Jericho Town Library
Manchester Community Library
Advanced Eyecare PC
Manchester Town Clerk
Optics Ltd.
Shaw's Supermarket
Rosie's Restaurant
Middlebury Eye Associates
Milton Family Eye Care
Kinney Drug Store
Milton Public Library
Georgia Eye Center
Shippee Family Eye Care
Jay R Kimberley, OD
Heritage Eye Care and Optical
Newport Optical
Whitman's feed store
John G. McCullough Free Library
North Bennington Post office

Derby
Manchester
Enosburg Falls
Enosburg Falls
Enosburg Falls
Essex Junction
Essex Junction
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Castleton
Richford
Georgia
Granville
Granville
Granville
Granville
Whitingham-Halifax
Whitingham-Halifax
Jericho Underhill
Jericho Underhill
Jericho Underhill
Jericho Underhill
Jericho Underhill
Manchester
Manchester
Manchester
Middlebury
Middlebury
Middlebury
Middlebury
Essex Junction
Colchester
Georgia
Georgia
Barre
Barre
Barre
Derby
Norshaft
Norshaft
Norshaft



10217 NY-22	North Granville, NY	North Granville Post Office	Granville
319 S Main St	Norwich	Dan and Whits General Store	Norwich
123 Main St	Poultney	Poultney Post office	Castleton
44 Main St	Richford	Northern Tier Center for Health (NOTCH)	Richford
88 Main St	Richford	Arvin A. Brown Public Library	Bennington
93 Main St	Richford	TD Bank	Richford
203 Bridge St	Richmond	Richmond Town Clerk's Office	Jericho Underhill
122 Waterman Road	Royalton	Bethel/Royalton Transfer Station	Heartland
46 Diamond Run Mall Pl	Rutland	Lens Crafters (outside of)	Pittsford
156 N Main St #2	Saint Albans	Dr John H Johnson, O.D	Swanton-Missisquoi
1 Franklin Park W	Saint Albans	Peoples Trust	Georgia
11 Maiden Ln	Saint Albans	St Albans Free Library	Georgia
128 Fisher Pond Rd	Saint Albans	Northern Valley Eye Care	Georgia
156 N Main St #3	Saint Albans	St Albans Eye Center	Georgia
169 S Main St	Saint Albans	St Albans Town Educational center	Georgia
25 Kingman St	Saint Albans	Peoples Trust Company	Georgia
29 Bellows St	Saint Albans	St Albans City Elementary School	Georgia
71 S Main St	Saint Albans	Bellows Free Academy	Georgia
61 Buk Hill Road	Shaftsbury	Shaftsbury Transfer Station	Norshaft
923 Vt-7A	Shaftsbury	Urban Complete Car Care	Norshaft
5138 Shelburne Rd	Shelburne	Sogoloff (2nd floor above the Creamery)	Colchester
100 Dorset St #25	South Burlington	Eye VT	Colchester
1100 Hinesburg Rd	South Burlington	Vermont Eye Laser - Dr Julie Larson	Colchester
540 Dorset St	South Burlington	South Burlington Library	Colchester
55 Timber Lane	South Burlington	VT Laser Vision	Colchester
60 Kimball Ave	South Burlington	VABVI	Colchester
113 LDS Lane	South Royalton	Church of Jesus Christ LDS	Heartland
192 Chelsea St	South Royalton	S Olde Tavern & Grille	Heartland
67 S Windsor Street	South Royalton	Red Door Church (United Church)	Heartland
864 S. Windsor Street	South Royalton	DG Walter's front porch	Heartland
132 Main St	Springfield	Springfield Post Office	Springfield
2 Summer St	Springfield	Duff & Delbianco	Springfield
441 River St	Springfield	Lane Eye Associates	Springfield
1878 Mountain Rd	Stowe	Stowe Eyecare	Jericho Underhill
123 1st St	Swanton	Peoples Trust Company	Swanton-Missisquoi
12 Pleasant Valley Rd	Underhill Center	Underhill Town Hall	Jericho Underhill
6 Green St	Underhill Center	St Thomas Church	Jericho Underhill
3 Park St	Underhill Flats	United Church of Underhill	Jericho Underhill
115c Monkton Rd	Vergennes	Shaw's Supermarket (Outside of)	Vergennes
27 Main St	Vergennes	Peak View Eye Care	Vergennes
3438 Reed Hill Rd	West Halifax	Halifax post office	Whitingham-Halifax
263 Maple St	White River Jct	Mascoma Savings Bank	Norwich
587 Hartford Avenue	White River Jct	White River Family Eye Care	Norwich
96 East Main St.	Wilmington	Our Lady of Fatima Church	Whitingham-Halifax
2725 US-5	Windsor	Price Chopper	Windsor



EYEGGLASS



RECYCLING

LCIF District Coordinator

PID Tom Broughton

RT 22 A Box 53
Bridport, VT 05734
802-758-2494
tbrought1948@gmail.com



LCIF District Coordinator

PDG Merry Souza

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Sheldon, VT 05483
802-582-2288
pdgmerry@gmail.com

What is LCIF's value to you, your club, Lions across the globe, and those in need?

Lions Clubs International Foundation is the primary funding source for Lions' projects worldwide. Through the more than US\$1 billion in grants it has provided since 1968, LCIF has enabled Lions and clubs to exponentially expand their service and carry out more life-altering missions globally.

Recent research reveals fewer than 10% of Lions make direct donations to LCIF. Did you know that **in many parts of the world, LCIF provides more in grants than it receives in donations from Lions and clubs there?**

While the campaign's *financial* goal is US\$300 million, the *ultimate* goal is Lions' ability to serve hundreds of millions of people by:

- Fighting the global epidemic of **diabetes**.
- Expanding efforts in **childhood cancer, hunger, and the environment**.
- **Increase our impact in Vision, youth, disaster relief, and humanitarian efforts.**

District Campaign 100 Efforts

2018-2019 \$35,831.43

2019-2020 \$33,968.30

2020-2021 \$41,472.00

2021-2022 Goal is \$35,000

LCIF has awarded District 45 more than \$130,000 in grants, \$18,728.27 more than we have donated during this campaign.

As we continue to the final descent of the campaign, I am challenging all clubs and lions to encourage donations to campaign 100. It is not too late to make pledges, clubs can also host fund raisers specifically for the campaign. I would also encourage you to bring those donation to the cabinet meetings and present them and receive the recognition you deserve.

Please do not hesitate to reach out if I can assist in donations and pledges. Thank you for your past and present support, together, . I am hopeful we can meet our goal!

Respectfully
PDG Merry Souza

DISTRICT 45 LIONS CLUBS



The Lions are coming!!! The Lions are coming!! The Lions of District 45 are going to ESSEX for the annual LCIF Super Raffle!!!

**Saturday, October 30th
Inn at Essex, Essex Vt
5:30 P.M. SOCIAL – 6:30 P.M. RAFFLE STARTS**

Evening highlights:

- **GRAND PRIZE \$1,500***, 2nd prize \$500**
 - Multiple Grand Prizes, Multiple Door Prizes
- ***** Grand Prize \$1500, \$1750 if 175 tickets sold, \$2,000 if 200 tickets are sold *****
 - Special raffle of 200th ball, guaranteed 1 of 10 chance to win
 - Tickets: \$75 (no meals), \$90 includes one meal, \$100 includes two meals (can be bought by Lions, Lions Clubs, Community members)
 - Only 150 meals available to be purchased
 - 2nd chance insurance: \$25 (maximum 75 policies to be sold)
- **Deadline to purchase tickets is October 13th with meals, October 30th (no meals)**
 - Funds raised allows Melvin Jones Fellow Awards to be granted
 - Over 65 Melvin Jones Fellows granted past 5 years
- **Can attend / watch 2 ways: In-person or via Facebook live at Vermont Lions District 45**
 - Great meals served by the Inn at Essex
 - Hotel Room rate of \$129 (plus fees) (deadline is September 29th)
 - Great way to relax after DG Carol's cabinet meeting

See our district website www.vermontlions.org for information on the event, including ticket purchasing, room reservations and requesting prize donations from local businesses.

VERMONT LIONS
DISTRICT 45 ANNUAL SUPER RAFFLE

October 30, 2021

Ticket Request

- _____ \$75 - NO MEALS Included
- _____ \$90 - ONE Meal Included
- _____ \$100 - TWO meals Included
- _____ \$25 - 2nd Chance Insurance

_____ Total Amount - Checks payable to
District 45 Vermont Lions
Ticket Owner Information

Name: _____

Address: _____

Phone: _____

Name of Attendee (if not ticket owner)

_____ Please see " flyer" for deadline information

VERMONT LIONS
DISTRICT 45 ANNUAL SUPER RAFFLE

proceeds to benefit



October 30, 2021

The Essex, 73 Essex Way, Essex Junction, VT

Social 6 to 6:30 - Dinner and Raffle 6:30 pm

MAKE CHECKS PAYABLE TO DISTRICT 45

Insurance - 2nd chance enables your non prize winning

number to be eligible for a one time re-entry into the drawings.

All vouchers will be assigned a ticket number, on a first come first

serve basis. If you wish to have a specific ticket number please

contact: PDG Ken Emery

Please mail completed ticket request to:

PDG Ken Emery

146 Eagle Park Drive, Colchester, VT 05440

VERMONT DISTRICT 45 LIONS CLUBS



August 2021

To: District 45 Members, Friends and Families

From: LCIF Super Raffle Committee

Subject: The Annual 2021 LCIF Super Raffle!

We are very pleased to announce plans for the 2021 District 45 Super Raffle. With our committee of fine Lions we plan to make this event a very successful fund raiser for the District and Lions Clubs International Foundation (LCIF). Since 2004 we have hosted this great event, each year raising approximately \$10,000 which has allowed us to present approximately 135 Melvin Jones Fellowships to deserving Lions and community members.

We are pleased to make some announcements for the 2021 event.

- FIRST, this year's event will take place at the The Essex in Essex on Saturday, October 30, 2021, in conjunction with the regularly Fall Conference / cabinet meeting of the 2021 - 2022 year.
- SECOND, the ticket prices and meals for the event. Tickets will cost \$75 (no meals), \$90 which includes one meal and \$100 which includes 2 meals, maximum 150 meals sold.
- THIRD, 2nd chance insurance policies will still be \$25 but there will be a maximum of only 75 sold
- FOURTH, the GRAND PRIZE will be raised to \$1,750 if 175 tickets are sold, \$2,000 if all 200 tickets are sold.

The enclosed vouchers are tickets that are for sale to your club, club members, businesses and friends of Lions. This is an event OPENED TO ALL LIONS AND NON-LIONS. Tickets WITH MEALS will be sold up to Sunday, October 13th but with no meals up to the start of the event. *** Please note only 150 meals will be available *** Please have the purchaser fill out the voucher(s), and mail it along with their check made payable to *District 45* in the appropriate amount and mail to PDG Ken Emery, 146 Eagle Park Drive, Colchester VT 05446. For 501 (C) (3) information please contact a LCIF Committee member.

**** TICKET OWNER WINS PRIZES (including door prizes). Must identify dinner attendee if not ticket owner ****

All vouchers will be assigned a ticket number on a first come, first serve basis (based on funds received). If you wish to have a specific ticket number, please contact PDG Ken. Event attendees are entitled to get great dinners, many chances at great prizes and best of all a great time with your fellow Lions and contributing community members.

Overnight accommodations are available at The Essex, 70 Essex Way, Essex, Vermont (off Route 289) 800-727-4295. Ask for the special Lions Club rate of \$129 plus fees using the special rate code Vermont Lions Group Block. Please keep in mind rooms are only guaranteed at that rate until September 29, 2021. The evening festivities will begin social time at 5:30 p.m., dinner at 6:30 p.m. and the Super Raffle following dinner. *** More details of special activities for the night will be forthcoming ***

For each ticket purchased by a Club or Lion member, a nomination for an individual (Lion or community member) to receive a Melvin Jones can be made. Deadline to nominate is January 31, 2022 (NO EXCEPTIONS).

If you have any questions or need more information, please contact one of the committee members.

Sincerely in Lionism,

2020-2021 District 45 LCIF Super Raffle Co-Chairs

PDG Ken Emery – 802-578-7483 - kpemery1960@gmail.com

PDG Betsy MaGee – 802-578-8188 - lionbetsy2000@yahoo.com

VERMONT DISTRICT 45 LIONS CLUBS



August 2021

To: Friends of Vermont Lions District 45

From: Vermont District 45 Super Raffle Committee

Vermont Lions Clubs are once again hosting a big-ticket night to raise money for Lions Clubs International Foundation (also known as LCIF) projects that are strongly supported by Vermont Lions Clubs. This will be our sixteenth annual Vermont Lions Super Raffle and will be held at The Essex, in Essex, Vermont on Saturday night, October 30th, 2021.

Each year we have raised approximately \$10,000 that goes to prove the strength of our motto, "We Serve." Monies from this event serve humanity, throughout the world, contributing to wherever the need is.

This year, given the COVID-19 crisis, LCIF has awarded over \$5 million in grant funds worldwide plus continuing to provide funds for disasters, such as hurricanes or tornadoes like the Swanton/Highgate flooding that occurred here in Spring 2018 or when we proudly provided assistance to local residents due to Tropical Storm Irene in 2011.

Funds also provide the ability for Lions to meet the worldwide challenges of vision, hunger, diabetes, environmental needs and pediatric cancer, but much, much more!!! Since July 2020, over \$10 million dollars have been granted by LCIF for various humanitarian projects worldwide.

We understand that COVID-19 has provided a tremendous challenge to you and your business, but a donation of an item (even a gift card) would be greatly appreciated for this year's event and will help ensure that it will be another success. Donations are 501 (C) (3) eligible.

If you need further information, please do not hesitate to contact one of the co-chairs of this event listed below.

Sincerely in Lionism,

2021 District 45 LCIF Super Raffle Co-Chairs

PDG Ken Emery – 802-578-7483 – kpemery1960@gmail.com

PDG Betsy MaGee – 802-578-8188 - lionbetsy2000@yahoo.com



100 Service Project Challenge

Is your club looking for new service projects? Not sure what to do in regards to the environment, pediatric cancer, diabetes, vision, hunger? The next 2 pages are suggestions from Lions Club International for potential projects. Granted, there is a lot more beyond these but these are to get your club 'a moving'.

One Hundred Service Ideas



Diabetes

1. Organize a "Strides: Lions for Diabetes Awareness" event.
2. Organize a community support group for parents of children with diabetes.
3. Volunteer to serve at a children's diabetes camp.
4. Invite a healthcare professional to speak about diabetes at your club or district meeting.
5. Partner with local healthcare providers to organize diabetes & vision screenings.
6. Distribute educational resources to increase diabetes awareness at a community health fair.
7. Organize a walking club for seniors with diabetes.
8. Provide a diabetes magazine subscription to your local library.
9. Sponsor a child in need to attend diabetes camp.
10. Donate diabetes books to your library with a bookplate to identify your club's donation.
11. Work with your local school to invite a health care professional to speak about diabetes.
12. Post monthly articles about diabetes on your club or district website.
13. Promote diabetes prevention through a radio public service announcement.
14. Sponsor a healthy cooking demonstration for people with diabetes.
15. Organize a school or community vegetable garden to encourage healthy eating.
16. Work with a community podiatrist or foot care specialist to provide foot screenings.
17. Partner with your local diabetes organization to offer programs & materials.
18. Promote community resources and online materials from LCI partners NDEP, DECA & IDF.
19. Promote the importance of an annual dilated eye exam to detect diabetic eye disease.
20. Provide educational materials to schools & physician offices.



Environment

21. Plant trees with the advice of a local environment organization on the best locations and varieties.
22. Clean up a beach, community space or roadside area monthly as a club.
23. Hold an environment-themed photo contest at a school. Plant a tree or another green form of recognition to honor the winner.
24. Challenge all Lions in your club or district to add one green habit to their daily lives.

25. Recognize a local organization or community leader for environmental conservation work.
26. Volunteer with your local park service to maintain trails. Help more people access and enjoy nature!
27. Commit to "Meatless Mondays" or not eating meat one day each week.
28. Collect used cellphones and donate them to individuals in need.
29. Lead an after-school nature walk.
30. Survey homes and community areas for leaks in sinks, communal spigots or water fountains. Contact relevant officials for repairs.
31. Work with city officials to paint "no dumping" signs near road drainage areas.
32. Identify where to recycle toxic items and share the collection schedule.
33. Organize a mural competition to promote environmental awareness. Paint the mural in a prominent community location.
34. Implement a recycling drive where people donate gently-used items to charity organizations.
35. Develop a demonstration garden or landscaping plot using native plant species to restore the habitat and conserve water.
36. Sponsor a training program for farmers on how to make and use organic fertilizers and pesticides.
37. Produce a monthly nature program on a local public radio station.
38. Partner with a local carpenter to build rain barrels. Hold a training session with community members to promote using them for watering and irrigation.
39. Organize an alternative transportation incentive program to encourage walking, biking, public transportation and carpooling.
40. Establish a school garden and composting program to improve school meals & reduce waste.



Hunger

41. Volunteer to deliver prepared meals to those who are elderly or visually impaired.
42. Organize a program at a local school to provide healthy, nutritious meals.
43. Prepare food baskets for families in need.
44. Volunteer at a soup kitchen or homeless shelter.
45. Take families in need shopping for fruits and vegetables.
46. Organize an event to benefit a food bank in your community; use cans of food as admission.
47. Hold a hunger walk and use proceeds to buy food for a children's center or a homeless shelter.
48. Create a cookbook of inexpensive, easy recipes.



49. Create healthy snack packages to be distributed to children in need.
50. Partner with local restaurants or food markets to deliver donations to a shelter.
51. Start a food co-operative to serve as a resource for healthy food at a more affordable price.
52. Collect infant formula and baby food for an organization serving young mothers at risk.
53. Work with healthcare professionals to provide free classes on nutrition & food preparation.
54. Provide fruits and vegetables as a healthy snack for children in childcare facilities.
55. Provide transportation for those who are elderly or visually impaired so they can shop for food.
56. Teach children to bake a loaf of bread they can take home to their family.
57. Invite a local food bank representative to speak at a club or district meeting.
58. Provide needy children with backpacks supplied with food for when school is not in session.
59. Host a picnic or BBQ at a park for the community.
60. Establish a community vegetable garden where local residents can grow their own food.



Vision

61. Organize a braille, large print and audio book collection to benefit a library or senior center.
62. Volunteer to create audio recordings of books & periodicals.
63. Work with local eye care professionals to provide community vision screenings.
64. Sponsor a World Sight Day event.
65. Sponsor visually impaired students through camps, contests or other activities.
66. Create a community arts program for children and adults who are blind or visually impaired.
67. Collaborate with an eye bank to promote the importance of corneal donations.
68. Develop a directory of community resources and services for those who are visually impaired.
69. Volunteer at a visual rehabilitation or vocational training center.
70. Organize an inclusive sporting event for children with and without visual impairment.
71. Host a fundraiser to purchase and donate white canes for those who are blind.
72. Work with local employers to develop an employee vision screening program.
73. Develop a discount voucher program with optical shops for underserved populations.
74. Design a transportation program for those who are blind or have low vision.
75. Host a "Beep Baseball" game or tournament.
76. Support a guide dog training program through fundraising or voluntary labor.
77. Develop an assistive technology library so people can access resources as their needs change.
78. Create a sensory garden that engages the senses of touch, smell, hearing & taste. Provide braille or audio recordings of signage.
79. Partner with a school for the blind to support assistive technology & maintenance needs.
80. Partner with an orientation and mobility specialist to provide ongoing support to teachers and employers of inclusive classrooms/workplaces.



Childhood Cancer

81. Provide craft materials, puzzles, books & games to children receiving treatment.
82. Prepare meals for families with children undergoing treatment.
83. Donate gas, parking & food gift cards to families in need or a childhood cancer center.
84. Provide cancer support books and magazines to your local school.
85. Write cards full of well-wishes and share them with a local cancer center.
86. Make or buy new hats, caps, head scarves and blankets to donate to children's cancer centers.
87. Coordinate travel arrangements to and from treatments for a family of a child with cancer.
88. Provide tutoring services to children with cancer and their siblings.
89. Organize a childhood cancer camp or sponsor a child to attend one.
90. Volunteer to assist a family in sharing their story through photography.
91. Sponsor an activity day for children with cancer.
92. Raise awareness through radio public service announcements or social media campaigns.
93. Provide children's entertainment at a hospital or treatment center for children with cancer.
94. Organize a weekend retreat for families with children in remission.
95. Remodel a children's cancer center.
96. Form a support group for those affected by childhood cancer.
97. Familiarize yourself with the bone marrow transplant registry.
98. Volunteer at a housing facility serving children with cancer.
99. Assist at camps for children with special needs.
100. Host a wellness and nutrition day advocating healthy living habits for young people.

Please keep track of what projects your club is doing. MAKE SURE your club secretary, or your reporting secretary is reporting to Lions Club International what projects you are doing, how many are served, how many hours in doing the project.

There is a contest to do as many of these projects by April 30, 2022.
Prizes are to be awarded at the Spring Convention, May 2022.

Your GST Co-Coordinator: Lion Pam Greene and PDG Ken Emery

2021 – 2022 District 45 Directory UPDATES!!!

As much as anyone can try, try and try, there are always updates to the directory.
Here is what there are for updates for now:

Page 2: CS Kendal Holden address should be P O Box 337

Page 8: Zone 3B chair Lion Geri - last name is Kogut

Page 13: Lion Tamer is now Lion Steve Nichols, Manchester Lions Club

Page 14: Sargeant at Arms is now Lion Steve Nichols, Manchester Lions Club

Page 15: Eyeglasses Recycling is now 2nd VDG Travis Wood, Manchester Lions Club

Page 22: Vermont Lion Charities - Lion Alice Gonyaw should be Lion Alice Piette

Page 24: New England Lions Council – please add Immediate Past Council Chair - Bill Donnellan – (MA) – 617-840-5974, 14 Addington Circle, Weymouth MA 02189 email address of wmpd8@aol.com

Page 26: please add BBRA Lions Club – Braintree Brookfield Randolph Area Lions, branch club of the Heartland Lions Club, president Lion Michael McShane, (802) 728-3239

Page 38: Readsboro Lions Club - Secretary is now Lion Dennis Marks, 478 Shippee Rd, Readsboro VT 05350, Tel No.: 802-423-7720, email: DMarks1733@yahoo.com

Page 38 - Lion Claude's last name is Coulombe

PDG Nick Monte, receiving special award for 50 years of service at August Cabinet Meeting!!!



Club News

Middlebury Lions Club:

Scenes from the 2021 Addison County Fair and Field Days!! Anyone you know??



Londonderry Tri-Mountain Lions Club:



Barre Lions Club:

The Barre Lions Club would like to congratulate the soccer players from Central Vermont who participated in the 46th Twin State Soccer Games on July 17th. Both the girls' and boys' teams defeated New Hampshire.

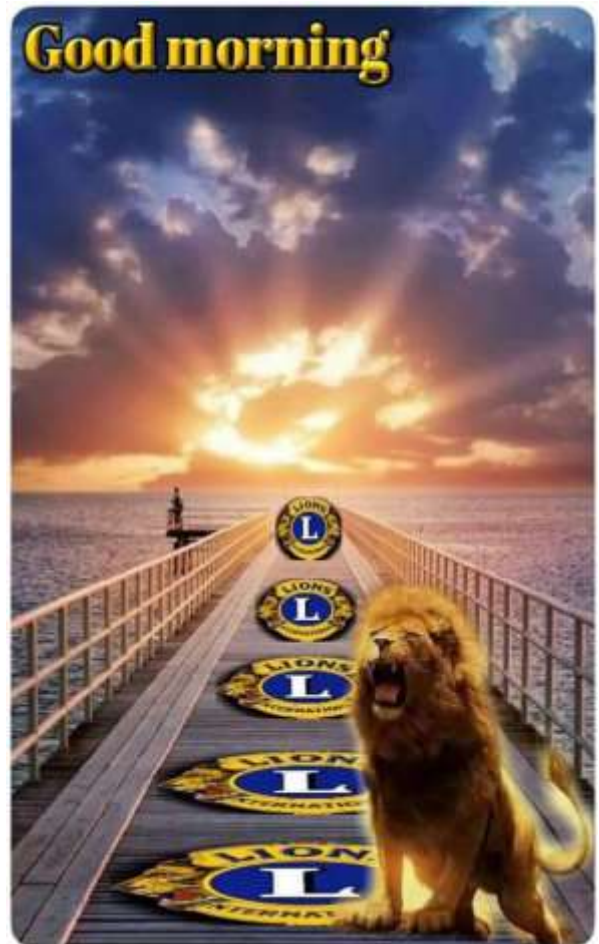


Montpelier High School: Melanie Winters, Spaulding High School: Madeline Benoit, Halle Pletzer, Rob Moran, (Asst coach for the girls), U-32 High School: Sasha Kennedy, Caroline Kirby, Payton Gariboldi, Montpelier High School: Leo Riby-Williams.

The Lions Club would also like to thank the following businesses and individuals for their longtime support of Twin State Soccer.

- | | |
|---------------------------------|----------------------------------|
| Andrea Gallitano, P.C. | Maplewood Convenience Store |
| A. Bellavance & Sons | Norway & Sons, Inc. |
| Barre Lions Club | Noyle Johnson Insurance Group |
| Beverage Baron VT Liquor Outlet | Optical Expressions |
| Calmont Beverage Co. Inc. | Ormsby's Computer Stroe |
| Community National Bank | Paige & Campbell, Inc. |
| CW Print & Design | Professional Arts building, Inc. |
| Dessureau Machines, Inc. | Pruneau-Polli Funeral Home |
| Dr. David G. Ripley O.D. | rk Miles |
| George & Koch Dental Group | Rock of Ages Corporation |
| Gusto's America's Ginmill | Salvador & Babic, P.C. |
| Hooker & Whitcomb funeral Home | Steve Martin |
| Lenny's Shoe & Apparel | Vermont Audiology |
| Lowell McLeod Inc. | |

The Lions' Clubs from Vermont and New Hampshire have raised over \$600,000 through these matches. The monies raised go To Vermont Lions Charities and New Hampshire Lions Sight and hearing foundation.



Heartland Lions Club:



**WE CARE
ABOUT OUR
COMMUNITY**



Deerfield Valley Lions Club:

HUNGRY LION BIKE TOUR

Hungry Lion Bike Tour returns for 2021 with in-person cycling and hiking, plus virtual options

Whitingham, VT --- The Hungry Lion Bike Tour is celebrating 10 years of success by returning to in-person cycling, as well as planned trail hikes and virtual options.

“It feels great to get back together again,” says Julie Muller, president of the Deerfield Valley Lions Club, which launched the HLBT in 2011. In 2020, pandemic restrictions forced the HLBT to become an all-virtual event. This year, says Muller, riders and walkers are welcome to join each other on September 25th at Town Hill in Whitingham for an enjoyable day of cycling hiking, or just strolling through the gorgeous New England foliage. After the tour, participants will enjoy a BBQ bash with live music, cold beverages and prizes. Those who can’t make it on the 25th can still help the cause by riding or walking on their own schedule.

The 2021 Hungry Lion Bike Tour has something for everyone, with five cycling tours and two hiking routes, plus the virtual option. Full details for each option, plus registration info, is available on the Hungry Lion Bike Tour page at hungrylionbiketour.com.

In addition to being one of Vermont’s premier cycling events, the Hungry Lion Bike Tour is also one of Lions most successful charity events, raising more than \$250,000 since its inception. All funds raised were donated locally, to assist neighbors in need, and especially to help fight food insecurity and hunger in the Valley.

There is a \$50 registration fee for this event. All participants are encouraged to line up friends, family and coworkers to make pledges online through the BikeReg tool (see the link on hungrylionbiketour.com) This easy-to-use platform also lets participants track their fundraising totals in real time, and enjoy friendly competition with other athletes.

2021 will also signal the return of the coveted HLBT bike jersey, issued to all participants who raise \$275 or more. (Those who participated last year and met the same goal, have already been credited towards the 2021 jersey.) As in 2020, the Deerfield Valley Lions will recognize select participants daily through the club’s Facebook and web pages.

So tune up your bike or lace up those sneakers, and register now for the 2021 HLBT. It’s a wonderful way to enjoy some beautiful fall foliage – and make a difference for our community! For information and to register, visit hungrylionbiketour.com.



Castleton Lions Club:

Scenes from the annual Castleton Lions Club auction!!



Norwich Lions Club:

The Norwich Lions Club Meadow Muffins contest is a popular annual tradition, whereby participants “buy” one or more numbered plots of land in a fenced-in area for \$20 each, for which an assigned, randomized number matching a corresponding “deed” has been assigned to each plot.

This year, **the contest is on line** at: <https://www.32auctions.com/MeadowMuffins2021>,

Look for the green VIEW ALL ITEMS buttons to pick a deed number to buy. (Deeds are displayed 50 at a time, so use the buttons to see higher-numbered deeds.) If you want to buy MULTIPLE DEEDS, click on the "Watchlist" heart associated with each and they'll be waiting for you to purchase after clicking on the "Watchlist" heart at the top. Your credit card purchase will complete the process and make you eligible for the contest.

On October 9, up to three heifers will be brought into an enclosure with the plots laid out in a grid to determine the winner and runner-up by depositing a “meadow muffin” on the square of two lucky prize recipients!

First Prize: \$1000 (1 in 500 chances)

Second Prize: \$500 (1 in 499 chances)

Third Prize: The satisfaction that you contributed to a good cause! (498 in 500 chances)

If you are a winner, you will be notified by email or phone.

Three impartial judges will be appointed to oversee the contest. In case circumstances prevent a meadow muffin deposit from determining the winners on the appointed date, the judges will draw the winning numbers from among the tickets sold. In case of errors in the sale of the Meadow Muffins, the judges will determine a fair outcome.

The contest raises funds to support community organizations, as described at www.norwichlionsclub.org and summarized, below.

In addition to providing glasses and hearing aids to people needing them in the community, auction revenues allow the Norwich Lions Club to provide support to Upper Valley organizations.

2021 grants included the following recipients (of 35):

- Norwich Nursery School: STEM Learning Materials
- Good Beginnings of the UV: Education Support Program
- Vermont Association for the Blind: Smart Device Training Program
- Bugbee Senior Center: Bugbee’s Digital Renovation
- Upper Valley Haven: Feeding Hungry Children in the Upper Valley
- Norwich Community Nurse: Medical Equipment
- Willing Hands: Healthy Fresh Food Boxes
- The Family Place: Children’s rain suits for Early Care and Education
- Norwich Public Library: Expanding Digital Collections

Stephen Flanders
Norwich Lions Club 802-649-1134

Plop-Plot DEED

2021 Meadow Muffin Contest

This is to certify that

Name

is the proud owner of Plot # (of 500) in the
Norwich Lions Club Meadow Muffin Contest
to be held on **9 October 2021**.

Price of deed: \$20 *Net proceeds benefit charitable
organizations in the Upper
Valley, Vermont and
internationally.*

First Prize: \$1,000



Rules of the Plop

1. You do not have to be present to win.
2. When the cow drops its first plop, the winner will be selected for a \$1,000 prize. But that's not all: the second plop is good for a \$500 prize!
3. If said cow doesn't cooperate, the winning squares will be drawn from the Meadow Muffin certificates. Certificate number will be matched with Deed Number.
4. If muffin overlaps a square, judges will be immediately "summoned" to determine winning deed.
5. Three (3) judges will be appointed on the day of the event.

Telephone:

Email:

\$20 received

Swanton Missisquoi Valley Lions Club:



Checks Payable to
Swanton Missisquoi
Valley Lions mailed to
722 Alburgh Springs Road
Alburgh, VT 05440



Tickets May also be
purchased
via phone 582-2288
or 309-3596

Fundraiser

in person from members

to Benefit Humanitarian Projects through

Swanton Missisquoi Valley Lions Club

Do Not Need to Be Present to Win

Every Ticket will have a Weekly Opportunity To Win

First Drawing to be held November 2nd, last Drawing to be held March 15th

14 Winners \$50 ~ 5 Winners \$100 ~ 1 Winner \$500

Tickets May be Purchased up until last drawing at Full Value

Maximum 200 Tickets to be Sold



Drive Thru Tourtière MEAT PIE FUND-RAISER Swanton-Missisquoi Valley Lions



\$14



**Saturday
November 6th - 3 to 5 pm
*722 Alburg Springs Road - Alburg
serving size 5 x 7 for 4 people
simply bake and serve or freeze for future use**

Order Deadline October 16th

**Pre-Pay Required
Order at swantonlions@gmail.com or by
calling 802-582-2288
or 802-309-3596**

**Quantities may be Limited Please Order A.S.A.P.
*Delivery May Be Available for Larger Quantity Orders**

Strafford Area Lions Club:



The Strafford Area Lions Club honored Barbara Murray as the 2021 Citizen of the Year at an outdoor ceremony on Sunday afternoon attended by over 80 well-wishers.

Barbara, who grew up in Strafford in the 40's and 50's later moved back to the same South Strafford home in 1965 when her husband Robert became Principal at the Newton Elementary School. A series of speakers told of her kindness, caring for the children and her love of this community she has called home.

Chrissy Jamieson started with an overview of the many things Barbara has done, largely behind the scenes, including her work with Seniors both in the local organization and in the larger South Royalton group. Michelle Diamond, who was good friends with Barbara's daughter Jody, spoke about how she was almost a second mother and how she later worked with Barbara in the Ladies Aid Society. Earl Silloway, who goes way back (Barbara was a senior when he was a freshman at Thetford Academy), joked about how the Murrays are regular visitors on his porch and often keep him up half the night, although he admitted to going to bed at 7pm.

Newton School teachers who worked with Barbara including David Webb, Diana Leddy, and Joey Hawkins talked about how since Mr. Murray was for many years a teaching principal; Barbara ran the school while he was in class till the afternoon. Diana Leddy spoke about how as a new 24-year-old teacher Barbara took her under her wing and helped her adjust to teaching and living in a small community. Joey Hawkins, with her gift of public speaking and self-depreciation, talked about how Barbara was a vital part of the infrastructure (and as a past Latin teacher broke down exactly what that meant). Joey then went on to say how unflappable Barbara was and gave the example of when while having problems with the copy machine she in her exasperation presented Barbara with a purchase order for a new copy machine. Barbara took this all-in stride and simply said something to the effect that it was unlikely to be approved. Joey then somewhat sheepishly presented Barbara with a music box she had meant to give her 18 years ago for Barbara's retirement party celebrating Barbara's 35 years of working at the school, but had left on a shelf. Barbara's many years as a Board member and volunteer for the Strafford Historical Society were also mentioned. Finally, Barbara's son Michael gave a moving tribute from the family including words from his sister Jody in Arizona who was very pleased to have both her parents to have become Citizens of the Year. (Robert received this honor some 17 years ago for his outstanding leadership at the Newton School for 28 years).

In her thanks after receiving a plaque from the Lions Club, Barbara spoke of her love of her family and her community. She however neglected to say if she would give out her recipe for her famous pop-corn balls, a special treat given out for decades on Halloween, and whose flavor had come up a number of times in the tributes to her.

A beautiful lemon cake with raspberry filling and cream cheese frosting was made Susan Hodges who donated her time and talent making this edible work of art and the Strafford Organic Creamery donated a tub of their vanilla ice cream which was the perfect compliment on a warm afternoon and topped off a wonderful event in a most delightful way.

Vergennes Lions Club:



Working hard for Vergennes day!!!

Essex Jct Lions Club:

August 27 through September 5 – the 10 best days of Summer!!!
Champlain Valley Fair is on again for 2021.



Orleans Lions Club:



The annual Orleans Lions Club horseshoe tournament came down to the last shoe, the last throw, the last game winner taking the prize, double ringer!!!

They had so much fun they did a second tournament in the afternoon!!!



NorShaft Lions Club:



Springfield Lions Club:

Springfield Lions Club
Supporting Springfield and surrounding community charities and eyesight programs since 1937.

Presents

8th Annual

Fishing Tournament

Sunday, September 19, 2021

Hoyt's Landing – US Route 5 & Connecticut River – Springfield, Vermont

6:30 a.m. Registration - 3:00 p.m. Prize awards

\$20 Tournament Entry Fee— Includes tournament, prizes & door prize drawing

1st, 2nd and 3rd place Prizes – 3 Categories

Live "Catch & Release" - Bass, Northern Pike and Perch

Children 12 and under are Free
(Special Prizes for 12 and under)

MASKS NOT REQUIRED IF FULLY VACINATED

PO Box 776, Springfield, VT 05156
Email: springfieldlionsclub@comcast.net

Arlington Lions Club:



Looking for gold!!!

Brattleboro Area Lions Club:

Welcome Center Fund Raiser

On September 25 the Brattleboro Area Lions Club (BALC) will be providing food for donations to I-91 travelers coming to Vermont. We have been privileged to be allowed 4 times to carry out this fund raiser.

As you may know BALC is a small club and thus we are going to be challenged in providing enough food and snacks for the guests who stop at our table. If there are members of other clubs who would like to donate food or snacks we would be very appreciative. All food and snacks have to be packaged in plastic bags so individuals can take choose what they want safely.

If you decide to lend us a hand, you can contact me at rps65@comcast.net to arrange a pick up or drop off.

Over the past 3 years we have struggled to get more members and continue to work on increasing our membership. When The Austine School for the Deaf closed we lost a lot of members who moved from Brattleboro to find employment elsewhere. We have managed to stay afloat but sometimes need a life saver thrown to us. Might you be one who tosses some cookies our way?

President Lion Kathleen Achilles



New England News

New England Lions Council
~ **October 16 -17 2021** ~



DoubleTree by Hilton Nashua

2 Somerset Parkway Nashua NH 03063
Room Rate \$139.00 (plus taxes) Check-In Fri. 3-9 PM
1-603-886-1200 for Reservations/ Hotel bookings under NELC

Saturday Seminars/Trainings

- 9:00 - 11:45 *Guiding Lions Training* - PDG Sue Lindberg, 44N
- 9:00 - 10:15 *Global Membership Approach* - IPID Mark Lyon, MD23
Paws of Comfort - SVDG Deb Conner, MD 33
Service from the Heart - PDG Dawn Rice-Norton, 33K assisted by NE GSTs
- 10:30 - 11:45 *Leo Leadership Forum* - Pablo Romano, NY
ROAR Program - DG Lori-Ann Bennison & 23A GAT Team
(Rapid Response, On-The-Go-Kits, Action Plan for, Rebuilding Our Clubs)
Youth Camps and other Youth Services Roundtable- PCC Steve Middlemiss

Saturday Luncheon

- 12:00 Noon *Recognizing New England's Newest Guiding Lions* - PDG Sue Lindberg
Update from LCI - ID John Youney
- 2:00 - 3:00 *Hands On Service Project* - All are Welcome to Lend a Hand
- 3:00 - 4:00 *GAT Team* - All Attending NE Area GAT Team Members, IPID Mark Lyon, MD23
- 4:30 - 6:30 *Hospitality Room Open*

Saturday Banquet

- 6:30 *NELC Welcomes Keynote Speaker* - Scott Brown (former US Senator from MA, Ambassador to NZ)
(following the Banquet) *Hospitality Room Open*

Sunday

- 8:30 am *Necrology Service*
10:00 *Business Meeting (DG Reports)*

(Saturday Meals)

- 12:00 Luncheon - Half Turkey Club Croissant, Chicken Noodle Soup, Chips, Reg/Decaf Coffee, Tea, Water, and Iced Tea
Luncheon at \$24 X _____ Total _____
- 6:30 Plated Dinner - Caprese Chicken, Caprese Salad, Mashed Potatoes, Green Beans, Rolls & Butter, Cheesecake, Coffee/Tea/Decaf.
(Please let us know if there are any special dietary needs)
Dinner at \$30 X _____ Total _____ Grand Total = \$ _____

NAME _____

ADDRESS _____

DISTRICT _____ DISTRICT/MD POSITION _____

CLUB _____ POSITION (IF Applicable) _____

CONTACT Phone _____ Email: _____

Make Checks Payable to NELC Mail Check and Form to:
Treas, Domingos Branco 6 Westgate Road Cumberland RI 02684

Registration Deadline October 2, 2021

Questions? Contact NELC President Michelle Crocker, PDG 207-458-3232 dolphin0569@yahoo.com

NELC FALL MEETING

The Fall NELC meeting will be held at the DoubleTree Hotel in Nashua N.H. Rooms have been put aside for Friday and Saturday night under NELC. Meal details and event schedule to follow.

The room rate for the hotel is 139.00 per night plus 9% tax. The booking of rooms is the responsibility of the attendant.

Scott Brown: Former Ambassador of the United States to New Zealand



Scott Philip Brown is an American diplomat, attorney, and politician who served as the United States Ambassador to New Zealand and Samoa. He is a former United States Senator for Massachusetts, and was the 2014 Republican nominee for the U.S. Senate in New Hampshire.

Please join us at our New Hampshire NELC weekend October 15-17 at the Double Tree in Nashua. Scott Brown will be our keynote speaker Saturday evening at our banquet. Scott was a lion in District 33K and he was a Past President of the Wrentham Lions Club and a MJF recipient.



Gathering of New England PID's and their partners-in-service!!!!

International News



PRESIDENT'S MESSAGE

**Service from the heart with
International President,
Douglas X. Alexander**

Dear Lion,

A great partner will always bring out the best in you. And for more than 50 years, Lions Clubs International Foundation (LCIF) has been empowering Lions to serve at our best. Now, in our final year of Campaign 100, we have an incredible opportunity to give back and help ensure that Lions at home, and around the world, have the support they need for years to come.

I have personally seen the impact that LCIF makes through my club and in my community. Your donation to Campaign 100 is more than a contribution to your foundation—it is a gift from your heart to your community. It is a promise to continue to fight hunger, prevent diabetes, protect the environment and help the people around you live healthy and hope-filled lives. Because that is why we serve. And together with LCIF and Campaign 100, we can deliver that promise and a better future for all.

Yours in Service,
Douglas X. Alexander
International President

LCIF.ORG | From the Chairperson



**Lions Clubs International
FOUNDATION**

Dear Lion,

As you and other Lions continue helping the world come back from the pandemic, Lions Clubs International Foundation (LCIF) is there to support you in serving your community's needs. To help Lions protect medical staff in India, help children learn coping skills in Chile, provide food and water to those left homeless by floods in the USA, and more, LCIF awards grant funding empowering you to make the greatest impact. This newsletter is full of these stories and with opportunity to share your own service made possible by LCIF. In reading this newsletter, I know you will feel inspired and motivated to act. Thank you for supporting LCIF and Campaign 100 through a [donation or pledge](#) and by spreading awareness. I encourage you to be a champion of our foundation.

Sincerely,

Dr. Jung-Yul Choi, Chairperson
Lions Clubs International Foundation



Lions Clubs International
FOUNDATION

Fellow Lion,

On Saturday, August 14, an [earthquake struck Haiti](#), just days before a tropical storm is projected to pass near the island. The 7.2 magnitude quake has left more than 200 people dead, hundreds more injured or missing, and major devastation in several cities.

When a humanitarian crisis of this magnitude strikes, we, as Lions, [are ready to help](#). Right beside us is Lions Clubs International Foundation (LCIF), our global foundation.

LCIF quickly responded and approved US\$100,000 in Emergency grant funding to allow Lions in Haiti to respond to urgent needs of the victims.

You can help. Your generous donation to [LCIF's disaster relief fund](#) will help deliver further funds to families impacted by the devastation.

I WANT TO GIVE

Thank you for your kindness and for working together with LCIF to rebuild lives.

Sincerely,

Dr. Jung-Yul Choi
LCIF Chairperson

"Service to others is the rent we pay for the space we occupy here on earth"



OPPORTUNITY DRAWING TO RIDE ON THE LIONS CLUBS INTERNATIONAL FLOAT IN THE 2022 TOURNAMENT OF ROSES PARADE! TICKETS ARE A DONATION OF \$20.00 EACH THE WINNING TICKETS WILL BE DRAWN ON NOVEMBER 13, 2021 <https://lionsfloat.org/tickets>

Blast from a past PDG segment:

Dear PDG Larry and all,

Please give my greetings to all at your picnic. I wish I was with you, but am currently in a pristine mountain valley in Colorado, unencumbered by most electronic communication. If the smoke from fires goes away, I might see more mountains.

Linda and I have settled into the Shenandoah Valley of Virginia, ten miles from where we used to live, and are beginning to get out and about more as Covid restrictions allow. Linda continues to teach college post graduate courses for Nurse Practitioners at Chamberlain University, I'm busy with house and yard work, making our home ours. We built a horse barn for Star, and Linda continues to ride, I continue to be the "environmental manager" with my pitchfork.

I naturally have joined the Staunton Lions Club, about 30 members. By the third meeting, I became a director, by the fourth meeting, I became editor of a startup newsletter for the club. By the fifth meeting I kept my mouth shut. Staunton Lions were fortunate to receive an inheritance of \$250,000 from a trust fund, and are diligently putting it to work for our community. I've attended one district Cabinet meeting, 24L, one of three districts in Virginia. There are 94 clubs in our district, covering an area about the size of Maine. That's a lotta work! I agreed to serve with the VDG on a team for the Global Initiative Approach for Member Satisfaction. We also sponsor a Leos Club at Virginia School for the Deaf and Blind, a State run school here. So as you can see, Lionism is still in my DNA.

I've attached a copy of our newsletter and a picture, if you'd like to share. My very best to you all, be well, be safe. If PDG Liz is present, give her a big hug from me. If you haven't already, sing Happy Birthday to DG Carol.

Yours in Lionism,

Lion joe



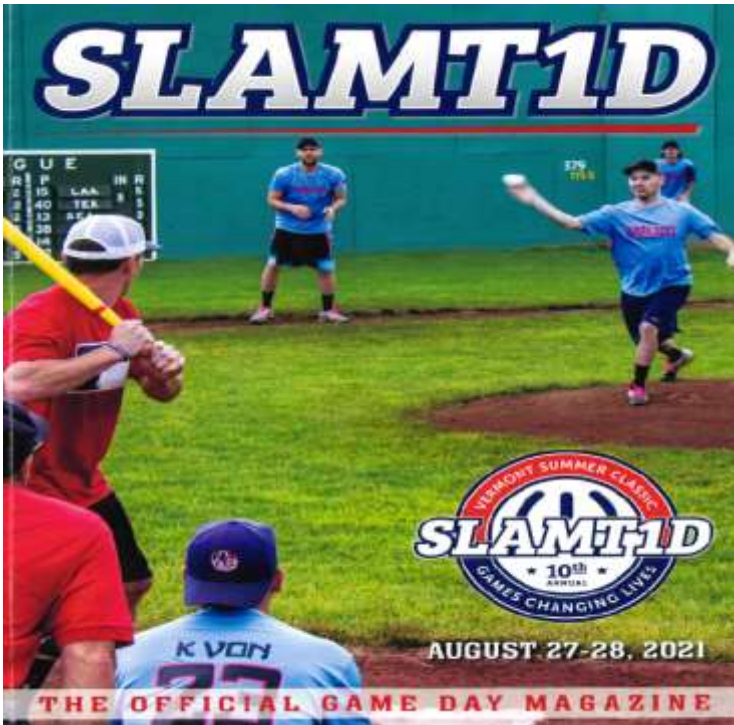
The world would be a
better place if everyone
had the ability to love as
unconditionally as a dog.

M.K.Clinton

Word Porn

Slam T1D Whiffleball

The Middlebury Lions Club and friends participated in the 2021 Slam T1D Whiffleball Tournament on August 27th and 28th. Lots of fun!! Lots of sore pride!!! Great camaraderie!! Here are some photos / information:



★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ The 411 on Type 1 Diabetes (T1D)

Type 1 diabetes (T1D) is a lethal, life-altering autoimmune disease that afflicts nearly two million people in the U.S. alone. There currently is no cure and the number of annual diagnoses is on the rise. It is perhaps the only disease in which patients are required to monitor their condition constantly and make their own dosing decisions with a drug that, if improperly administered, can kill them. It is a dangerous and relentless 24/7 grind, and research shows that the vast number of people with T1D are failing to properly and safely manage their disease.

With T1D, the body attacks its own insulin-producing cells in the pancreas. Insulin is a hormone that enables the body to metabolize and use glucose. Elevated glucose levels can be immediately life-threatening in severe cases, but more commonly they can result in a range of serious long-term health complications, including blindness, amputations, heart disease and kidney disease. Low or depressed glucose levels can be immediately life-threatening and require immediate action such as ingesting glucose tablets or the like or administering glucagon via injection. T1D is managed today by a rigorous regimen of monitoring glucose levels – either by pricking one's skin multiple times per day or wearing a subcutaneous continuous glucose monitor – and then administering insulin via injection or an insulin pump. While advancements in technology are working to



automate this process, people with T1D and their caregivers must continue to play the role of a pancreas amidst constant concerns of access and affordability of essential medication and equipment.

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The VEGAS LINE - Oddmakers Call 2021

Las Vegas-New York-Montreal (UPII-APP-MNSBC-XFN-CNT)



For the past six years, **Tony "Top Choice" Abundanzo** has opened a line on every team's chance in the Vermont Summer Classic. In this our tenth year, and after the unprecedented isolation of the COVID pandemic, we decided to invite another oddsmaker to join Mr. Abundanzo.



Gaetan Levesque hails from Montreal and has been an oddsmaker for betting outlets in Canada for years.

Here's most of their conversation transcribed from a recent zoom call.

Tony: Guy-Tan, How you doin'?

Gaetan: No, dats Gee-TAH how you say it. Hantony, how are you, dare?

Tony: I'm good. You, your family? Youz all good? Us, we're good. Gotta tell you, good to be back in action. Ya know what I'm sayin'? Last year with this whatchamacallit, this uh, pandemic thing with all the COVID and nuthin' happenin', I was goin' nuts over here. I mean, no bets, no one's takin', no one's layin'. Nuthin'. No action. I mean, you talkin' lean? My book had nuthin' but dust and cockroaches in it! Fugged-aboeddit. This year? Madon. I'm six hours after my release on this thing, and the action's huge!

Gaetan: Dats good to ere. Hi tell you me, da same ting was appening hup Nord dore. Hevryone, dey was all stayin' home, not goin' to da cazino, not bettin'...but hits all good now.

Tony: Good, good. All right there Guy-Tan, let's compare notes here and see what's what.

Gaetan: No, DATS GEE-TAH! Hi tell you mell!



Lions Club Striders:

Tony: Ahh, the Striders. They took this thing by storm Year 1, made it to the Championship Game in 2018. Jesse G and Paulie D are the guys who drive this team, no doubt. Broughton and Steele, sounds like a law firm these two. Word is they got power, not sure what kind. These guys are layin' low, not revealin'. Definitely not lammin' it. Jesse G was overheard tellin' someone they're "in the tall grass". Look, if this guy's serious, they could be trouble. If he's bluffin', then he's bluffin'. I'm gonna go 10-1 until I hear more or see 'em poke outta that grass.

Gaetan: Izz dat Paulie D dat Desabrais guy? Hiff so, dat's hall I gotta know. I ad a cuzzin hup in Saint Basile hin Quebec who play wiffle ball hall da times. Hi tink dey may be da same guy if ee play wiffle ball ha-real good. Hi avn't seen him in tree, or ten years. Dat said, Hime goin' 7-11 Saint Basile hall da way!!





TEAM PROFILE ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

LIONS CLUB STRIDERS

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1



COME WATCH THE MIDDLEBURY LIONS CLUB
SLAM TTD OUT OF THE BALLPARK!



TOGETHER WE PLAY, TOGETHER WE SERVE!



2021 Registration Notices

Scenes from the August Cabinet Meeting!! Please join us for the Fall Conference, October 30th!!!





WE SERVE

VERMONT LIONS DISTRICT 45 - FALL CONFERENCE

Saturday, October 30, 2021

Time: 8am-3:00pm

Location: The Inn at Essex

Registration: \$25.00 per person

Registration Deadline: Monday, October 25, 2021

Applies to Cabinet Meeting ONLY!



Please note
deadline is
October 25!

Name: _____

Club Name & Position: _____

District Position: _____

_____ Attending @ \$25.00 Per person Amount Due: \$ _____

Phone#: _____

Email: _____

Mailing Address: _____

SPECIAL DIETARY NEEDS:

REGISTRATION DEADLINE IS Monday, October 25, 2021 to:

CS Kendal Holden, PO Box 337, Underhill, VT 05489

Phone: 802-899-2514; OR email to: kendalholden188@yahoo.com

Registration Deadline: Monday, October 25, 2021

Vermont Lions District 45

Pediatric Cancer Service Project

At the next cabinet meeting on October 30, 2021, we will be collecting the items listed below for the Children's Pediatric Cancer units at both UVM Medical Center and Dartmouth Hitchcock Medical Center.

UVM Children's Hospital

- Kohl's The Big One fleece blankets with themes/patterns for teenagers
- Kohl's Cares for Kids stuffed animals
- Grubhub or DoorDash gift cards in \$20-\$25 increments.
- Infant, toddler, and child toothbrushes.
- Toddler training toothpaste (fluoride free)
- Bath toy sets - anything that could make taking a bath more fun for kids
- Nail polish
- Travel size toiletry sets (must have conditioner in it for teens with long hair)
- Wet brush mini hairbrushes
- Board books and rattles for babies

DHMC CHaD (Children's Hospital at Dartmouth)

- Playing cards - Uno, Skip-Bo, Phase 10, Old Maid etc.
- Clothing - all sizes, both boy and girl
 - Mesh shorts, t-shirts
 - Undies and socks all sizes
 - Long sleeve shirts and sweatpants
- Teen crafts
- 50-150 piece puzzles
- Small Lego kits
- Teen books
- Plastic water bottles
- Backpacks (for toddler to teen)
- Magna tiles
- No sew fleece blankets
- Homemade Pillowcases



WE SERVE

Any questions, please contact DG Carol Greene at vtlioncarol@gmail.com.

Northeast Pin Swap News



Northeast Pin Swap 2021

The 2021 Northeast Pin Swap is in the books!

After successfully overcoming a few hurdles and keeping fingers successfully crossed hoping Covid wouldn't suddenly decide to make a reappearance before the event, the 2021 Northeast Pin Swap was a rousing success! Lions from 15 states from New Hampshire to Michigan descended on Rutland last week where friends met to exchange updates on family, friends and pins.

This was the place to come if you wanted to find information about how to begin Lion pin collecting or where to go to get a specific pin you've looked high and low for, but was unable to find. Here you could find old, coveted pins to complete your oldest sets or new pins to start new collections. Besides plenty of pins, smiles and camaraderie were everywhere to be found.

Our own PCST Bruce Savery organized this event with months of emails, phone calls, text and lots of traveling. With the help of members from Connecticut, New Hampshire and New York among others, Lion Bruce was able to organize the event that finally found a home at the Rutland Elks. Hotel accommodations and restaurants chosen were well prepared for the 44 Lions who attended the event.

Lion Bruce's vision is to get more District 45 members interested in pin collecting as an avenue to bring more Lions together. Pin trading is an opportunity to meet Lions from all over the country, build friendships and learn about how other clubs serve their communities.

If you are interested and want more information on Lion pin trading, feel free to contact Lion Bruce at bsavery29@gmail.com. He's always happy to help with information and pins.



**NORTHEAST PIN SWAP
AUGUST 18 – 20, 2021**

