

The Communiqué



**District 45 - Vermont Lions Charities
In Lionism, In Service, In Friendship**

January 2018

Volume 41 Issue 7

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Vermont Lions Charities and
District 45 of
Lions Club International

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A Message from District Governor Walter Hastings

Wishing you all a Happy New Year with the hope that you will have many blessings in the year to come.

First, I would like to express my thanks to friends and family during my recent surgery for the love and support you have shown me during this time. Recovery is going well and I plan on starting club visits soon. I appreciated your phone calls and cards. I have enjoyed being able to visit the clubs and feel this is a very important part of being District Governor.

We are all busy during the holidays. As Lions we are busy supporting local food pantries, donating and delivering food basket to the needy, collecting gifts for those less fortunate and helping where this a need. The list goes on and one. Our motto says it best, "When there is a need there is a Lion". You are amazing!

The Winter Cabinet Meeting will be held on Saturday, January 20, please be sure to see the registration form on our website. Also, please be sure to check out our Facebook page!

Again, wishing you all a Happy New Year and looking ahead to 2018!

We Serve,
District Governor Walter



Vermont District 45

www.vermontlions.org

District 45

Calendar

January 2018

20	Deadline to submit items for Communique
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February 2018

10	Heartland Lions Club Dinner Dance - West Lebanon, NH
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20	Deadline to submit items for Communique
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**Saturday, January 20, 2018
Canadian Club of Central Vermont
414 East Montpelier Road, Barre, VT 05641**

8:00 am	Registration	
8:00 am - 3:00 pm	Promotional Row	
8:00 am - 1:00pm	Fundraising, Silent Auction, 200 Club, 50/50	
8:30 am - 9:20am	Honorary	
9:30 am	Call to Order	
9:45am	Session #1	Vermont Lions Charities Green Mountain Lions Camp LCI Forward related to District Level: “Enhance Service Impact & Focus” “Reshape Public Opinions & Improve Visibility”
10:45am-11am	Break	
11:00am	Session # 2	Vermont Lions Charities Green Mountain Lions Camp LCI Forward related to District Level: “Pursue District & Organizational Excellence” “Improve Membership Value at District Level”
12:00pm	Guest Speaker, Audiologist from UVM	
12:30 pm	Lunch	
1:00 pm	Cabinet Meeting	
3:00 pm	Wrap-up	

****Subject to change****

Mark your calendars - hope you will plan on joining us!



Vermont Lions District 45

Cabinet Meeting Registration

Saturday, January 20, 2018

Canadian Club of Central Vermont

414 East Montpelier Road, Barre, VT 05641

Cost: \$20.00 which includes lunch and meeting

(Please print)

Name: _____

Address: _____

Email Address: _____

Phone Number: _____

Club/District Position: _____

Home Club Name: _____

✓ **Cabinet Meeting: \$20.00 pp x _____ (# attending) \$ _____**

✓ **Reservations must be made no later than Wednesday, January 17, 2018**

Please make your check payable to Vermont District 45 and mail to:

CT Lion Brenda Seitz, 24 Hinesburg Road, Brattleboro, VT 05301

Email: blseitz92@gmail.com

Phone: 802.257.0901



Heartland Lions Club

Cordially invites you to our annual

Valentines Dinner-Dance

February 10th 2018

5:30 pm to 10:00 pm

Social hour begins at 5:30 pm

Dinner served at 6:15 pm

Dancing from 7:00 pm until 10:00 pm

Live music provided by Smoke and Mirrors

Many door prizes including a
\$1500 Travel Voucher Grand Prize

Fireside Inn

25 Airport Road

West Lebanon, NH

Discounted room rates available.

Tickets: \$110/couple (advance purchase only)

All proceeds go to local charities.

Please contact:

royalcakes@charter.net

or call (802) 291-2429

DISTRICT 45 LIONS CLUBS

2017-2018 SPEAK-OUT CONTEST “WE SERVE - THE POWER OF WE”



Fellow Lions:

Now is the time to start planning for the District 45 Speak-Out Contest to be held on March 10, 2018 at the American Legion in Chester, Vermont. Those that have participated in the past know what a wonderful opportunity this is to hear our local high school students “speak out” about our International President’s theme, not just at the state contest but at the local level as well.

“WE SERVE - THE POWER OF WE” is the new theme from International President Dr. Naresh Aggarwal, 2017-2018. Please check out his theme on the International website www.lionsclub.org I encourage all District 45 Clubs to participate in this year’s Speak-Out Contest by inviting your local high school juniors and seniors to share their ideas on this very inspirational theme, “We Serve - The Power of We” with your club and our District.

I am including the materials needed for this year’s contest but if you have never participated before and would like help getting started, please feel free to contact either myself or my co-chair, Lion Connie St. George, we will be happy to answer any questions you may have.

Yours in Service,

**Lion Kathy Cannon, cannons@gmavt.net
2017-2018 Speak-Out Contest Chairperson, (802) 373-4180**

**Lion Connie St. George, sunsetcarpentry1@juno.com
2017-2018 Speak-Out Co-Chairperson, (802) 352-4686**

2017-2018 SPEAK-OUT CONTEST
“WE SERVE - THE POWER OF WE”
March 10, 2018
American Legion, Chester, Vermont

SPEAK-OUT INFORMATION:

1. Included is an example of the Brandon-Forest Dale-Pittsford Lions Clubs Speak-Out Contest form (an example of two clubs that work together from a union school). **Your Club sets its own prize money.**
2. A blank form for your club to use.
3. The judging form.

Advise the participants to read the International President's message on the theme of the contest; go to www.lionsclub.org .

WHAT TO DO IN SEPTEMBER AND OCTOBER:

1. Assign a Speak-Out Chairperson in your club.
2. Find a contact person, preferably at your local High School: the head of the English Department or a Guidance Counselor are excellent options. Other possible contacts: local 4-H and Scout Group Leaders, Debate Coach, etc.
3. Your club will need to set a local contest date, amount of prizes, location of contest and list your chairperson person on the bottom of your form. Fill out your form and make copies including the judging form and the International President's message, if you wish, to give to your contacts. They in turn can make copies for the students that are interested in participating.

Speak Out Contest 2017-2018

For juniors and seniors



Sponsored by the

CLUB:

And Vermont District 45 Lions

Topic: **"WE SERVE - THE POWER OF WE"**

Time: between 5 and 7 minutes!



NOTE: This is a three level contest. The winner

of our local Contest will advance to participate in Regional if necessary. Finalists go on to the State Level Contest which will be held on March 10, 2018 at the American Legion in Chester, Vermont.

The Local Contest will be held at a Lions Club

Meeting on: _____, 2018.

Lions Meet at: (

)

JUDGING CRITERIA:

Address

Theme_____20pts.

Development of Theme_____50pts.

Expression and Delivery_____30pts

Each Judge may direct one question on the subject to the speaker at the conclusion of the speech.

PRIZES!

LOCAL CONTEST

1st Place:

2nd Place:

3rd Place:

Possible Regional Contest: To Be Determined if necessary

STATE FINALS!

1st: \$300

2nd: \$160

3rd: \$75

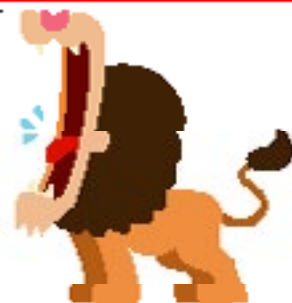
4th or more \$ 25



CONTACT PERSON: LION

Speak Out Contest 2017-2018

For Otter Valley juniors and seniors



**Sponsored by:
Brandon-Forest Dale & Pittsford Lions
Clubs**

And D 45 Vermont Lions

Topic: "THE POWER OF WE"



Time: 5 to 7 min.

NOTE: This is a three level contest. The winner of our local Contest will advance to participate in Regional Contest if necessary. All finalists go on to the State Level Contest which will be held on March 10, 2018 VT at the American Legion, Chester, VT.

The Local Contest will be held at a Lions Club Meeting on: January , 2018 at 6:30PM.

Lions Meet at the Methodist Church, Route 7, Brandon)

JUDGING CRITERIA: Address Theme.....20pts.
Development of Theme.....60pts.
Expression and Delivery.....30pts

Each Judge may direct one question on the subject to the speaker at the conclusion of the speech.

LOCAL PRIZES

1st Place: \$200 2nd Place: \$150 3rd Place: \$75

Possible Regional Contest: To Be Determined

STATE FINALS

1st: \$300 2nd: \$150 3rd: \$75





DISTRICT 45-LIONS OF VERMONT SPEAK OUT CONTEST



Duration of Speech	LESS THAN	FIVE MINUTES	5-7 Minutes Required	Total Time	Total Points
Addressing the Theme (20 Points)	Effort made to address the Theme was lacking in quality (0-4 Points)	Good effort was made to address the Theme (5-10 Points)	Very good effort was made to address the Theme (11-19 Points)	Outstanding effort was made in addressing the Theme (20 Points)	
Developing the Theme (50 Points)	Effort to develop the Theme was lacking in clarity & organization (0-24 Points)	Good effort was made to develop the Theme (25-39 Points)	Very good effort was made to develop the Theme (40-49 Points)	Outstanding job was done of developing the Theme (50 Points)	
Clarity & Expression (30 Points)		Good effort of expressing the points being made – relatively confident in presentation (1-14 Points)	Very good effort of expressing the points being made – shows confidence in presentation (15-24 Points)	Excellent effort of expressing points being made – very confident & dynamic in presentation (25-30 Points)	
Name					Total Points

Club News

Whitingham-Halifax

Volunteers packed 920 bags of food in Wilmington Vermont on Friday December 15th, and drove them to recipients throughout the Deerfield Valley on Saturday morning.

Holiday Baskets is an annual event that helps fill the cupboards of over 150 families in nine southern Vermont towns, from Halifax to Wardsboro. Poinsettias of cheer are delivered to several dozen more families and individuals, too. In all, over 450 are served every December.

The event is timed for the Holidays when many may be running low on supplies – and struggling to pay medical bills, for food, and heat. This kind of giving is both gratifying and warmly received – lifting spirits for all.

In order to make the biggest impact possible in fighting food insecurity, food is purchased mainly from the Vermont Food Bank. The Whitingham-Halifax Lions is a partner with the Vermont Food Bank, and obtains literally tons of food at extremely affordable pricing. This stretches the ability of the Lions to fight food insecurity “to the max.”

Funding is provided primarily by the Lions’ Hungry Lion Bike Tour fundraiser. In 2017, the bike tour eclipsed \$30,000, despite cold rainy bicycling the day of the event (which is always the last Saturday in September). It raises enough money to fund Holiday Baskets and make significant contributions to the Deerfield Valley Food Pantry. In addition, the bike tour is helping to establish a local branch of The Gathering Place, which is an adult day center. Not bad for a 24-member Lions club!

Holiday Baskets has been a Whitingham-Halifax Lions tradition for decades. After tropical storm Irene’s aftermath, the Lions asked the local Rotary club to join forces, and expanded the coverage from Whitingham, Jacksonville, and Halifax to another half dozen villages. Last year the Readsboro Lions brought deliveries to another dozen families in that village. And for 2017, volunteers from Brattleboro’s Sunrise Rotary helped pack and deliver.

Visit and “Like” the Whitingham-Halifax Lions, as well as the Hungry Lion Bike Tour, on FaceBook – and learn about the Holiday joy being spread in the Deerfield Valley.



Panorama of the gym, with empty bags on the floor mats, surrounded by pallets of food from the Vermont Food Bank.

Whitingham-Halifax



The Myska Family, including Sage, Jude, River, and Matt, participate in loading food staples into bags that will be distributed throughout the Deerfield Valley.



Bags upon bags of food staples and produce. Turkeys, fresh chicken, and Cornish hens are given, too.

Whitingham-Halifax



Charlotte Pavia, Nancy Mullen, Crista Gannon, Alice Greenspan (left to right) take a break from packing bags for Rotary and Lions.
(The sleds, along with carts, help transport cases of food around the gym.)



Mike Purcell and Crista Gannon pack food into two of the 920 grocery bags that were set out around the old high school gym.

Toys for Vermont Kids

Collection barrels are out, and toys are being donated, says Lions Committee Co-Chair Sue Hays. The donated toys will be distributed through local food shelves and will make Christmas brighter for families in Vergennes and Bristol communities.

This year the Vergennes Lions are partnering with the Northland Jobs Corps. Job Corps students are assisting with collecting, sorting and distribution of toys. Job Corps is also providing a room on their campus to function as a central collection and distribution point. Co-Chairs Lion Roger and Sue Hays (pictured here with Job Corps student Jubilee Thorburn) are happy to have the new easily accessible area and many helping hands.



Brandon Forest Dale



Brandon Forest Dale Lions Mary and Stacy Shields, Bruce Blanch, Shirley Smela, Burt Reynolds (the original!), Patti Reynolds, Evie and Peanut Reed present Words for Thirds. 33 third grade students get their very own Student Dictionary that they can use for years to come. Their teachers said they are so excited to receive this special gift.

Norshaft



Norshaft Lions held its general monthly meeting on December 5, 2017. Vergennes Lions traveled 404 collectively to capture General the Lion. Whitingham and Halifax Lions also visited Norshaft, and a great time was had by all. Norshaft Member Marlene Hall donated a wreath to the club which was auctioned off to PDG Ed Smith and raised \$98.00 for sight and hearing for the club!

Club News

Norwich

The Norwich Lions Club would like to thank all who generously donated to their annual Memory Tree project.

The 2017 project raised \$880.00 which tops previous years. Proceeds from this project will fund the Lions Club Community account which gives back to the community in the form of donations to those less fortunate or organizations seeking contributions.

The Norwich Lions Club is proud to sponsor this event and we're already looking forward to 2018.

Wishing you good health, good cheer and a wonderful New Year!

Demo Sofronas

Here is link to the daily UV story with photo

<https://dailyuv.com/feed/937134>

Photos taken by Demo Sofronas

Orleans

The Orleans Lions Club had a busy December. Our team for the Spot Vision program went to 4 schools and tested approximately 400 kids.

We held our annual Orleans Lions Club Annual Children's Christmas Variety Show, had about 230 people attend with about 140-150 of those kids. They saw a great show, saw Santa (45min of seeing kids J), and were treated to a gift, ice cream, and milk and cookies.

To top the month off we held our annual auction to raise money for the Warm the Children Fund and raised \$1000.00 for this great cause again this year. It's what Lions do.

Yours In Lionism,

Lion Secr. David Bolduc

Orleans Lions Club

VERMONT LIONS CLUBS DISTRICT 45



MELVIN JONES FELLOW NOMINATIONS

For all Lions Clubs and individual Lions who purchased a ticket to this year's LCIF Super Raffle, a nomination of a fellow Lion or a community resident to receive a Melvin Jones Fellow may be made. Such nomination must be made, via email (or in writing – NO VERBAL) to a LCIF Super Raffle Committee member (see list below).

Please submit name of such individual, with club / district position or community status, and reason(s) why such individual should receive a Melvin Jones Fellow (please elaborate as much as possible, do not be short on description).

Submissions must be done by **NO LATER THAN JANUARY 31ST!!!!**

Committee Member	Club	Email
PDG Betsy MaGee (co-chair)	Essex Jct.	lionbetsy2000@yahoo.com
PDG Ken Emery (co-chair)	Colchester	kpemery1960@gmail.com
PID Tom Broughton	Middlebury	tbroughton@gmavt.com
IPDG Joe Wilson	Springfield	breezyhill@vermontel.net
PDG Tommy Walz	Barre	twalz@aol.com
Lion Carmelita Belisle	Colchester	lucienarm@comcast.net
Lion David LaRose	Essex Jct.	liondl74@yahoo.com
Lion Jay Niles	Granville	rniles@roadrunner.com
Lion Mark Collette	Orleans	66fl10051@gmail.com
Lion Phylis Porio	NorShaft	norshaftlions@aol.com

LIONS QUEST



A Program of Lions
Clubs International
Foundation

To all members of District 45:

I am sure that all of us have read with increasing concern and horror about the epidemic of drug related deaths among our Youth in Vermont. It seems as though we are losing a generation to this horrific scourge in our communities. I am sure that everyone knows of some family that has been affected by drug addictions, alcohol and the sadness of the loss of our loved ones and all the potential of our up and coming generations.

Feeling helpless is not an emotion that we as Lions dwell on. WE SERVE. We, as Lions, will always look for a way to support our neighbors, if it is to visit someone who is sick with a bowl of that home made soup, donate to a food bank to fight hunger, help with vision screening, or raise money for a natural disaster like Irene. Well, I feel that we are in the middle of an UN - NATURAL disaster at the moment and our children and youth are in the greatest danger we have ever seen.

We are not helpless if we can support our children and youth – giving them skills to make positive decisions, giving them a positive view of who they are and what they can do and link them to their communities by service.

At our August Board Meeting, we were fortunate enough to have Kelly Anderson speak to us about the Lions Quest Program.

Lions Quest is a school – based life skills program for children ages 5 – 18. In the US education system, this encompasses children from Kindergarten to the 12th Grade. Originally Lions partnered with Quest International to serve youth in 1964. It became part of LCIF in 2002 to increase the program's reach and to offer greater support and visibility for the Lions who work with their local schools and communities on the program. Over 18 million youth have taken part in a Lions Quest classroom. The program has received high ratings from government agencies and educational groups. It has been implemented in more than 80 countries and program materials have been translated into nearly 40 languages.

LIONS QUEST



A Program of Lions
Clubs International
Foundation

The Lions Quest programs bring parents, educators, and community leaders together to teach children important life skills within a caring and consistent environment. This includes developing skills needed for self-discipline, responsibility, good judgment, conflict resolution, and the ability to get along with others. As a curriculum-based program, Lions Quest provides detailed lesson plans and classroom materials. All lessons are designed to complement the standard curriculum, offering a variety of ways to teach and reinforce social and academic skills. Research shows that students' academic achievement increases with the implementation of a social and emotional learning curriculum. Lions Quest also emphasizes service learning; students learn important leadership skills by organizing and carrying out school and community service projects. According to the Corporation for National and Community Service, students who are involved in helping out in the community are happier at home, less likely to use alcohol or other drugs, and more successful in, and committed to school.

To enable this program to take place in your community, LCIF and the Lions Quest Team are prepared to offer grants for training and materials. This is a start, but the core of success is building partnership between your Lions Club and other community groups (e.g. police, health, education, colleges, and the business community).

Please consider the adoption of this service project in your community and think about supporting the "Seed Corn" of our future – our children.

**Contact: Lion George Blodson
VDG Liz Fennick**



Eye Glass Recycling Instructions

We need your assistance again. At the last Cabinet meeting clubs did a terrific job turning in their eyeglasses for recycling, but we made work for the Vergennes Lions because not all clubs prepped their donations as necessary.

- 1) We want eyeglasses not cases. Remove any eyeglass cases and discard or recycle the cases. We only need the eyeglasses to be turned in.**
- 2) Write your FULL Club Name and the count of glasses in the box on the outside of the box. These boxes will be transported in the back of a pickup at 72 mph...any loose note will be blown away...and at least one was.**
- 3) Seal the box firmly for transport. The box will not be opened until it gets to New Jersey so ensure that only glasses are inside.**

Finally many folks were asking for an address so that they could hand deliver their glasses. The district's glasses are being consolidated at Lion Brad Howe's home in Vergennes. The physical address (not the mailing address) is 125 Sunset Knoll, Vergennes, VT. Please call Brad at 802-759-2141 prior to delivering to ensure that he will be there to receive.

Lion Randy from Middlebury Lions will continue to transport glasses from cabinet meetings to Brad's home, so feel free to continue to bring them to cabinet meetings. You can even bring them to the spring convention, but those won't count for this year's total for competition purposes...but they will count toward next year's competition.

Every Order You Place with Amazon can benefit Vermont Lions Charities

Amazonsmile

It's easy....

Type in <https://smile.amazon.com/>

On your first visit to AmazonSmile

(smile.amazon.com), you need to select a charitable organization (i.e., Vermont Lions Charities) to receive donations from eligible purchases before you begin shopping. Amazon will remember your selection, and then every eligible purchase you make at smile.amazon.com will result in a donation.

Just remember to go to smile.amazon.com for all your future shopping.

D-45 Centennial Coordinator's Corner

Centennial Service Challenge

For nearly 100 years, Lions have changed lives in their communities and around the world. In celebration of our Centennial in 2017, Lions everywhere are being challenged to serve 100 million people. You're invited to join the celebration by helping us reach our goal. Your club can earn special Centennial recognition by hosting a service project that benefits Youth, Vision, Hunger or the Environment. Don't miss your chance to be a part of this historic event—start planning your next Centennial Service Challenge event today!



Centennial Membership Awards

The Centennial Celebration Membership Awards provides all Lions and Lions clubs the opportunity to earn special *Limited Edition* awards for inviting new members and helping to organize new clubs.



Centennial Community Legacy Projects

Connect with your community and build your Lion legacy by planning a Centennial Community Legacy Project during our Centennial Celebration. Legacy Projects are visible gifts to your community that commemorate our Centennial and create a lasting legacy of your service contributions.

Editor's Corner

A Quick Note from the Editor:

Please help the Communique remain on schedule by doing the following:

1. Submit by the 20th of the month for the following month's Communique
2. Pick 3-5 pictures, maximum to submit (per event) and please tell us who is in the pictures, what club they represent and what event the photo was taken at.
3. Please proof your work before submitting it. We will quickly check spelling but you'll need to make sure that names/dates/locations are correct.

Thank you in advance!

Lion Amy Herrmann

Please follow these simple steps:

*****NEW EMAIL ADDRESS!*****

1st: When sending correspondence to be included in the Communiqué, please put 'For Communique' in the subject line of the email. Emails to communique@vermontlions.org are received by several Lions and we need to be sure that it is directed properly.

2nd: A quick Marketing 101 reminder: Be sure to include the 5 W's. Who? What? When? Where? Why? and How? when sending information for inclusion in the Communiqué.

For example (and a shameless plug!): (Who)The Manchester Lions Club will be hosting (What) the Maple Leaf Half Marathon, a Top Ten Fall Event, on (When) Saturday September 9, 2017(Where)The event begins at ends at the Dana L. Thompson Memorial Park, 340 Rec Park Road, Manchester, Vermont. (Why)Monies raised from the event are donated back to the community in the form of scholarships and donations. (How) For more information or to register please visit our website at www.manchestervtmapleleaf.com

3rd: Start advertising your event months in advance. Don't wait until the September Communiqué to promote a September event. Send the information as early as possible. I'll get it on the calendar and begin promoting it for you.

Lastly: Please submit items in one of the following formats: **PDF, Word, or JPEG**. Please help me get the Communique posted on time each month by submitting items early and in the proper format. I do have the ability to edit just about anything but would prefer print-ready submissions (in the interest of time).

All information/photos MUST be received by the 20th of each month.